



Advice
and
Information
on
Disability

Richmond AID Factsheet

Outdoor Activities

Health Walks

The London Borough of Richmond upon Thames Health Improvement Team runs free organised walks led by trained volunteers.

Check the regular weekly programme on www.richmond.gov.uk

Contact the Health Improvement Team: 020 8891 7445

Email: health@richmond.gov.uk

Richmond Adult and Community College organises healthy walks.

Contact Carole Hiscoke, Learning Manager on: 020 8891 5907 Ex. 5025

Email: carole.hiscoke@racc.ac.uk

Walks for All By The River Thames

There are 12 easy short walks suitable for people with reduced mobility and users of wheelchairs and scooters, using the Thames Path National Trail.

Free pack from National Trails Office, Environment & Economy, Holton, Oxford, OX33 1QQ. Telephone: 01865 810 224

Countryside Access

Access for Disabled People Advice Sheet

From: www.countrysideaccess.gov.uk

Disabled Ramblers

Organises and runs supported rambles for disabled people.

Website: www.disabledramblers.co.uk

Richmond Park

There are car parks for disabled visitors and adapted toilets.

For activities in the park contact

The Friends of Richmond Park website: www.frp.org.uk

Telephone: 020 8549 8975

Royal Parks website: www.royalparks.org.uk Telephone: 020 8979 1586

Bushy Park

Companion Cycling

Disabled riders can use specially adapted cycles, paired with a “pilot”, a carer, friend, family member or volunteer.

Email: www.companioncycling.org.uk

Telephone: 07961 344 545

Membership contact: Nancy Marks, 9 Harvey Drive, Hampton TW12 2FB

Riding for the Disabled

Horse Rangers Association, Special Needs Section, Royal Mews, Hampton Court Road, East Molesey, KT8 9BW

Telephone: 020 8979 4196

Royal Botanic Gardens, Kew

Kew Road, Richmond, TW9 3AB

Website: www.kew.org

Large print maps are available from the Ticket Office and Victoria Gate Visitor Centre.

Limited parking is available for disabled visitors.

Powered mobility scooters, pavement type, up to 4mph, may be used on footpaths.

Wheelchairs can be borrowed.

Three mobility scooters can be borrowed. Book in advance on: 020 8332 5121

Xstrata Treetop Walk – the lift has been out of order for some time but is being redesigned. Ask Kew Gardens for more information.

Discovery Bus is fully adapted for disabled people. It tours the gardens starting at the Main Gate.

Book in advance on: 020 8332 5643.

Kew Explorer Touring Bus has some wheelchair spaces.

Kew Palace and Queen Charlotte’s Cottage: For special arrangements contact: 0844 482 7777

The Wetland Centre

Queen Elizabeth’s Walk, Barnes, SW13 9WT

Free wheelchair loan.

One electric wheelchair can be booked in advance on: 020 8409 4400

Hampton Court Palace

East Molesey KT8 9AY

Special arrangements for people with mobility needs, hearing impairment, visual impairment.

Described visits can be booked 14 days in advance.

Telephone: 0844 482 7777 Email: hamptoncourt@hrp.org.uk
Download an Access Guide at: www.hrp.org.uk

Ham House and Garden

Ham Street, Ham, Richmond upon Thames, TW10 7RS.

A seventeenth century house with sumptuous interiors, original collections and restored formal gardens.

The grounds are fully accessible.

Manual wheelchairs are available, and 2 single-seater mobility vehicles, booked in advance

Telephone: 020 8940 1950

For other National Trust properties:

Access for All Office, National Trust, Heelis, Kemble Drive, Swindon SN2 2NA.

Telephone: 01793 817634

Email: accessforall@nationaltrust.org.uk

Marble Hill House

Richmond Road, Twickenham, TW1 2NL

There is limited access to the second floor of the house.

Contact: 020 8892 5115

Other English Heritage properties:

English Heritage, 1 Waterhouse Square, 138-142 Holborn London EC1N 2ST. Website: www.english-heritage.org.uk

Telephone: 020 7973 3000

Richmond upon Thames Boat Project

The "Richmond Venturer" can be booked by groups and is fully equipped for disabled people.

Richmond upon Thames Boat Project,

66 Hill Street, Richmond, TW9 1TW. Web: www.thamesboatproject.org

Telephone: 020 8940 3509

The London Eye

The Eye is fully accessible.

Disabled Booking Line: 0870 990 8886

Email: accessiblebooking@londoneye.com

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If you need any further information you can contact Richmond AID on:

Advice Line:	020 8831 6070
Minicom:	020 8831 6078
E-mail:	advice@richmondaid.org.uk
Website:	www.richmondaid.org.uk
Address:	Disability Action & Advice Centre, 4 Waldegrave Road, Teddington, TW11 8HT