

## Strengthening Families at Richmond AID

Richmond AID is a charity that offers advice and information on all aspects of disability. We regularly answer enquiries from people with disabilities, plus their families, friends, carers and professionals.

In Autumn 2006, Richmond AID began an Outreach Project which aimed to reach out to people living in the borough and give them information about our services.

In January 2008, the Outreach Project changed and now focuses on supporting and strengthening families in the London Borough of Richmond upon Thames who are affected by disabilities.



## What We Can Do:

The Families Project covers any type of disability or long term condition. It is not limited to children either. An adult in a family may have a disability and need support.

The Outreach Worker can provide support with:

- ◆ Applying for Welfare Benefits
- ◆ Social Services Assessments
- ◆ Finding Accessible Activities
- ◆ Finding Accessible Services
- ◆ Education
- ◆ Employment and Training
- ◆ Independent Living
- ◆ And much more....

## How to get in touch

The Outreach Worker is Winnie Lam. You can phone her on 020 8831 6079 or email her on

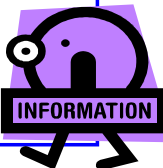
[w.lam@richmondaid.org.uk](mailto:w.lam@richmondaid.org.uk)

Winnie is available to come to community centres, schools and Cafes, or you can come and see her at Richmond AID, 4 Waldegrave Road, Teddington.



## Get the Most Out of Richmond AID:

- ◆ **Phone the Advice Line 020 8831 6079**  
Phone between 11am and 4pm and reach an advisor ready to talk to you about any query relating to disability.
- ◆ **Receive our Newsletter**  
Have a free quarterly publication delivered to your front door, with local news, information, relevant articles and what's on in the borough. Contact us with your name and address.
- ◆ **Check Out our Website**  
You'll find more accessible advice and information, updates about Richmond AID, plus downloadable fact sheets. [www.richmondaid.org.uk](http://www.richmondaid.org.uk)
- ◆ **Use or Refer Someone to Richmond SPADE**  
SPADE provides free help in the garden for disabled people. Phone our advice line for information.



## And there's more...

Richmond AID also runs a Benefit Advice Service for anyone affected by disability at our centre on Mondays, Tuesdays, Thursdays and Fridays. Call our advice line for more details.

### Become a Volunteer

Got some spare time? Want to work in a friendly team?

We are currently looking for:

**Access Officers**-give one or two days a week to help us survey disabled access across the town centres of the London Borough of Richmond upon Thames.

**SPADE Gardeners**– give one or two days a week to visit a disabled person in their home to help in the garden. No gardening qualifications needed!

Phone **020 8831 6071** for more information, or visit us in Teddington for an informal chat.



INVESTORS IN PEOPLE



## Richmond AID



Richmond AID  
Disability Action &  
Advice Centre  
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## Strengthening Families At Richmond AID



The Outreach Project at Richmond AID offers advice and information especially for families affected by disabilities.

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